RUSSEL METALS TO PARTICIPATE IN STEELDAY ON SEPTEMBER 24, 2010

TORONTO, CANADA – September 8, 2010 -- Russel Metals Inc. (RUS - TSX) announced today that it will be participating in SteelDay on Friday, September 24, 2010 at its locations in Edmonton, Alberta; Vancouver, British Columbia; Aberfoyle and Stoney Creek, Ontario; Terrebonne, Quebec; and Sackville, New Brunswick. Customers, architects, engineers, contractors, students and any other interested party will have the opportunity to visit and tour our facilities.

SteelDay 2010, hosted by Canadian Institute of Steel Construction, is a national event dedicated to providing accessibility to the latest happenings in the structural steel industry. SteelDay events such as facility tours, education seminars and jobsite visits are scheduled across Canada to showcase how the steel industry contributes to build Canada. This event is free of charge.

For more information on SteelDay, including a list of Russel Metals’ participating facilities, please visit www.SteelDay.ca. If you would like to join us on SteelDay please register at www.SteelDay.ca.

Sunbelt Group, Triumph Tubular & Supply, Wirth Steel and York-Ennis.

The Canadian Institute of Steel Construction (CISC) is the national industry organization representing the structural steel, open web steel joist and steel platework fabricating industries. Formed in 1930, CISC was granted a Federal Charter as a non-profit industry association in 1942. CISC operates as technical, marketing and government relations organization.

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